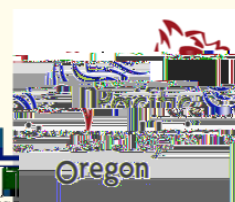


January

JBOT

2020

Justice-Based Occupational Therapy, Vol.2, Issue 1



Karen Barney and Christine Hayes participated on a panel at a Juvenile Parole Training event to discuss how to prepare juvenile lifer clients for reentry, on January 31, 2020. This training was designed for attorneys interested in providing legal advice, representation, and support to youthful offenders given mandatory life without parole sentences in Missouri prior to recent changes in federal and state laws. The event was sponsored by The Roderick & Solange MacArthur Justice Center (RSMJC), Husch Blackwell LLP, and the Saint Louis University Law School's Legal Clinics.

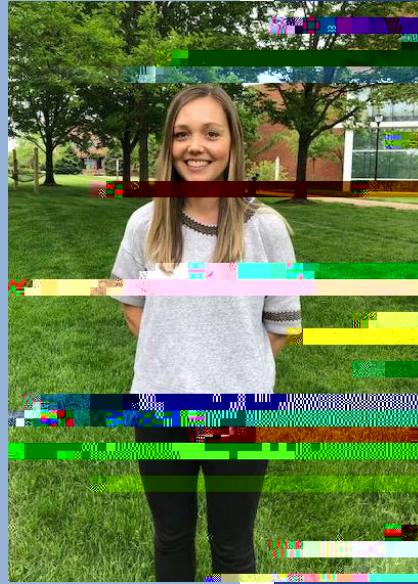
The day-long training provided a background on juvenile parole in the U.S., as well as the federal class action case filed by the MacArthur Justice Center challenging the Missouri Parole Board's demonstrated abuse of power, disregard for due process and failure to comply with state and federal law when it comes to youthful offenders previously given mandatory life without parole sentences. The training also covered trauma and adolescent development, how to conduct a mitigation investigation, and how to keep parole board hearings client-centered. Speaker and mitigation specialist, Chris May, with the Missouri Office of the Public Defender (MOPD) was the original referral source for SLU OTTIS to provide evaluation reentry services with clients.

Barney and Hayes discussed the role of occupational science and occupational therapy in their pre and post release practice, working with people sentenced as juveniles to life without the option for parole (JLWOP) and who've served 25+ years in prison. The panel included one of their clients who was the first JLWOP released to the community in MO, a client who is in transitional release, and a gentleman who was exonerated in 2008

Practitioner Reflection

Claire Daaleman, MOT, OTR/L
Community Transitions Occupational Therapist
Occupational Therapy Transition and Integration Services (OTTIS)
Saint Louis University, Department of Occupational Science & Occupational Therapy

When asked about how she describes OT services in a jail based setting, Claire offered this example from her own practice.

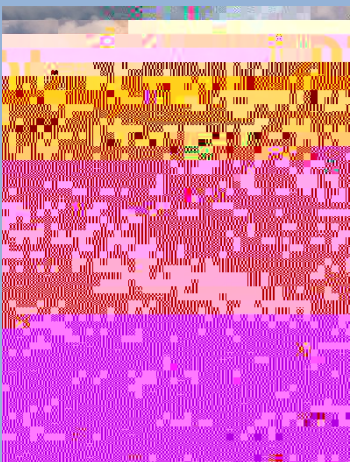


An OT promotes individuals' return to their daily activities or occupations; to do this, OTs are distinct in their ability to assess and intervene holistically, considering a person's physical, cognitive, sensory, and emotional needs, as well as concurrently adapting the environment to promote engagement in occupations.

Within a jail based setting, OTs follow the same principles as in other settings, but instead of focusing on occupations such as dressing and bathing, OTs focus on promoting engagement in occupations important to reentry, such as employment, education, social participation, caring for others, financial management, as well as developing mental health coping skills and relapse prevention strategies to promote clients' engagement in their meaningful occupations.

Additionally, to promote clients' engagement in their self-identified occupations, an OT within a jail-based setting also assists clients in exploring and connecting to appropriate community service providers.

In the Literature



From: American Journal of Public Health (AJPH), Supplement 1 2020. Documenting and Addressing the Health Impacts of Carceral Systems <https://ajph.aphapublications.org/toc/ajph/110/S1>. "This supplement issue examines the public health concerns surrounding mass incarceration, with research and perspectives on improving health outcomes for justice-involved populations, psychological distress in solitary confinement, the links between mass incarceration and climate change, the public health implications of criminal justice reform, and more."



Reflections

Share your reflections
on justice-based OT!

Students, practitioners,
researchers,
collaborators, and
clients are welcome to
send their story to JBOT
for a future newsletter!

~250-300 words
~include a photo

Email: ljaegers@slu.edu

JBOT's Core Team Includes:

Lisa Jaegers, PhD, OTR/L, FAOTA
Saint Louis University
[JBOT Organizer]

Cynthia Ballentine, MSOT, OTR/L
St. Louis Community College

Karen F. Barney, PhD, OTR/L,
FAOTA, Saint Louis University

Crystal Dieleman, PhD, OT Reg(NS)
Dalhousie University

Mary Beth Dillon, OTD, MOT, OTR/L
The University of Findlay

Christine Haworth, MA, OTR/L
Occupational Therapy Training
Program - San Francisco

Jaime Muñoz, PhD, OTR/L, FAOTA
Duquesne University

Halley Read, MOT, OTR/L, QMHP
Pacific University

Sandra Rogers, PhD, OTR/L
Rutgers

Chi-Kwan Shea, PhD, OTR/L
Samuel Merritt University

John A. White, Jr., Ph.D., FAOTA,
OTR/L,
Pacific University

Selena Washington, PhD, MSPH,
OTR/L
Saint Louis University

**Please send content for
future newsletters to:**

Lisa Jaegers
ljaegers@slu.edu

This newsletter was developed
at Saint Louis University with
the assistance of student worker
support through the Center for
Service & Community
Engagement.